

## **OCEAN COUNTY LIBRARY**

Connecting People ... Building Community...Transforming Lives

101 Washington St., Toms River, NJ 08753-7625 Telephone: 732-349-6200 www.theoceancountylibrary.org Susan Quinn, Director April 27, 2016

## **PRESS RELEASE**

What: Panel discussion of mental health issues

When: 7 p.m. Monday, May 9

Where: OCL Lacey Branch, 10 East Lacey Rd.

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## Mental health panel, Q&A at Lacey library branch

TOMS RIVER - A panel of six mental health professionals will speak at Ocean County Library's Lacey Branch, 10 East Lacey Rd., 7 p.m. Monday, May 9.

The public is invited to attend as the panelists discuss depression, bipolar disorder, post-traumatic stress disorder, anxiety disorder, grief and more.

The panelists will also raise awareness of mental health concerns in order to reduce the stigma that is often attached to those issues.

A question and answer segment will follow the panelists' presentations.

## The panelists include:

Dr. Tony Juneja, MD, psychiatrist who specializes in ADD, ADHD, bipolar disorder and depression.

Pamela A. Schott, LCSW, CPM, DRCC and Director of Children's Services, Ocean Mental Health Services.

Mike Leotis, Peer Specialist for Journey to Wellness Self Help Center and Ocean Mental Health Services.

Michael Roche, Vice President of NAMI Ocean County.

Sue Crane, LCSW from the St. Francis Center on Long Beach Island, specializing in grief and trauma.

Heather Popielarczyk, an art teacher of children and adults with special needs.

The program is free and open to the public but registration is required. To register, telephone the branch 609-693-8566 or visit the website www.theoceancountylibrary.org, click on the "Events and News" header, then select "Calendar of Events."