



OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

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PRESS RELEASE

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Ocean County Library to Present Essential Oils

LONG BEACH ISLAND – Ocean County Library will present “Essential Oils 101,” 6 p.m. - 8 p.m. Monday, March 26 at the Long Beach Island Branch, 217 S. Central Ave. in Surf City.

Presenter Joan Colandrea will offer an enlightening introduction to what essential oils are, their benefits and how to use them safely and effectively.

Attendees will also learn how essential oils can help improve a family's physical wellness and conditions as well as their many potential benefits in everyday life. There will be demonstrations and giveaways during the program.

The program is free and open to the public, but registration is required. To register, call the Long Beach Island Branch, 609-494-2480, or visit Events & News at <http://www.theoceancountylibrary.org>.