



OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

101 Washington St., Toms River, NJ 08753-7625

Telephone: 732-349-6200

www.theoceancountylibrary.org

Susan Quinn, Director

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PRESS RELEASE

CONTACT: Dan Fitzgerald, 732-349-6200, ext. 5908
dfitzgerald@theoceancountylibrary.org

Learn About Medications and How to Handle Them Safely

TOMS RIVER – The Ocean County Library will host “Your Medications: An Overview” at four of its branches.

This presentation will demonstrate reading a medication label and how to interpret its meaning. It will discuss generic medications, formularies, and tiers that are often a part of most prescription plans.

Storage and disposal of medication will be reviewed along with other safety tips.

These sessions will be followed by optional screenings of blood pressure, cholesterol, and glucose by a registered nurse, as well as general health and wellness information.

“Your Medications: An Overview” will take place at the following branches and dates:
Plumsted, 1:30 p.m. Monday, July 23, 119 Evergreen Road, New Egypt, 609-758-7888
Manchester, 2 p.m. Monday, August 20, 21 Colonial Drive, 732-657-7600
Tuckerton, 10:30 a.m. Thursday, September 6, 380 Bay Avenue, 609-296-1470
Barnegat, 2 p.m. Thursday, September 6, 112 Burr Street, 609-698-3331

This event is sponsored by Horizon Blue Cross/Blue Shield.

Registration is required for these free programs. To register, call the branch or visit theoceancountylibrary.org/events.