

## OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

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## **PRESS RELEASE**

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## Free Wellness Screenings at Jackson Library

**JACKSON** – The Jackson Branch of the Ocean County Library will host free wellness screenings 2 p.m. to 4 p.m. Friday, Dec. 7.

Registered nurses from Hackensack Meridian Health Ocean Medical Center will provide a variety of free screenings including blood pressure, glucose, pulse, body mass index, and stroke risk assessments.

This program has been made possible through the Partnership for a Healthier Ocean County.

The branch is located at 2 Jackson Drive.

Registration is recommended for this program as it is first come, first served and there are no specific timeslots. To register, call the branch at 732-928-4400 or visit tinyurl.com/screeningsbyhackensackmeridian.