



OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

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Susan Quinn, Director

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PRESS RELEASE

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January Programs at Jackson Library

JACKSON – The Jackson Branch of the Ocean County Library will host a variety of programs throughout the month of January.

- “Afternoon Film” 2:30 p.m. Friday, Jan. 11. Watch a movie on the big screen without the admission fees of a movie theater. Call the branch at 732-928-4400 or visit theoceancountylibrary.org/events for film information. (PG-13) 110 min.
- “Coloring for Adults” 10 a.m. Tuesday, Jan. 15. Rediscover the joy of coloring. Coloring sheets and art supplies will be provided.
- “Armchair Travelling Series: Jamaica” 10:30 a.m. Thursday, Jan. 17. Explore the world without leaving the library. This documentary will take you through Jamaica. Film available through the Access Video on Demand database.
- “Brain Joggers” 10:30 a.m. Monday, Jan. 21. Exercise your mind by playing games and working puzzles.
- “Dr. Martin Luther King, Jr.: A Historical Perspective: Film” 6:30 p.m. Monday, Jan. 21. This documentary offers a one-of-a-kind examination of Dr. King’s extraordinary life. It uses rare and largely unseen film, footage, and photographs to explore how Dr. King’s ideas, beliefs, and methods evolved in the face of the rapidly changing climate of the civil rights movement. 52 min.
- “Introduction to Mindfulness Meditation” 3 p.m. Thursday, Jan. 24. This class is an introduction to mindfulness. It is open to novice and skilled practitioners. Learn to relax and experience enhanced clarity, calmness, and mindful presence through guided meditation exercises, followed by a Q&A session.
- “Evening Film” 6 p.m. Monday, Jan. 28. Watch a movie on the big screen without the admission fees of a movie theater. Call the branch at 732-928-4400 or visit theoceancountylibrary.org/events for film information. (PG-13) 100 min.

The branch is located at 2 Jackson Drive.

Registration is required for these free programs. To register, or for more information, call the branch at 732-928-4400 or visit theoceancountylibrary.org/events.