



OCEAN COUNTY LIBRARY

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April 22, 2019

PRESS RELEASE

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Physical Therapist Will Discuss Pelvic Therapy at Toms River Library

TOMS RIVER – The Toms River Branch of the Ocean County Library will host “There’s a Therapist for That?” at 3 p.m. Wednesday, May 15.

In honor of Women’s Health Month, physical therapist Nicole Freitas from Inner Dynamics Physical Therapy will present on the scope, diagnoses, and practices of pelvic physical therapy.

Physical therapists from Inner Dynamics treat women and men who suffer from bladder dysfunction, constipation, postsurgical conditions, and other conditions related to the pelvic and abdominal region.

The branch is located at 101 Washington Street.

Registration is required for this free event. Call the branch at 732-349-6200 or visit theoceancountylibrary.org/events.