

OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

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PRESS RELEASE

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May Programs Coming to Jackson Library

JACKSON – The Jackson Branch of the Ocean County Library will host various programs throughout the month of May.

- "Afternoon Film" 2:30 p.m. Thursday, May 9. Watch a movie on the big screen without the admission fee of a movie theater. Call the branch or visit the website for film information.
- "Brain Joggers" 10:30 a.m. Monday, May 13. Exercise your mind by playing games and working puzzles.
- "Armchair Traveling Series: Philippines" 10:30 a.m. Thursday, May 16. Explore the
 world without leaving the library. This documentary will take you through the
 Philippines. This film is available through the Access Video on Demand database,
 accessible through the Ocean County Library.
- "Chinese Chicken Corn Soup: Cooking Demonstration" 3 p.m. Friday, May 17.
 Celebrate Asian Pacific Heritage Month by making and tasting Chinese chicken corn soup, a healthy and nutritious hot soup. The recipe will be provided. Please alert of any food allergies when registering.
- "Jackson Police: A Look Back" 2 p.m. Saturday, May 18. Celebrate National Police Week with local author and retired Deputy Chief of Police, Major Borden Applegate. Applegate will present his latest publication, "Jackson Police: A Look Back," a historical account about the Jackson Police. His talk will be followed by a Q&A session and book purchase.
- "Evening Film" 6 p.m. Monday, May 20. Watch a movie on the big screen without the admission fee of a movie theater. Call the branch or visit the website for film information.
- "Coloring for Adults: Asian Pacific Art" 10 a.m. Tuesday, May 21. Rediscover the joy
 of coloring, celebrate Asian Pacific Heritage Month, and explore art form Asian Pacific
 cultures. Coloring sheets and art supplies will be provided.
- "Mindfulness Meditation: On Finding Yourself" 3 p.m. Friday, May 24. What does it mean to be human? Join this beautiful contemplative practice and explore unveiling layers of conditioning through mindfulness and meditation. It is open to novice and advanced practitioners. Comfortable clothes required.

The branch is located at 2 Jackson Drive.

Registration is required for these free programs. To register, call the branch at 732-928-4400 or visit theoceancountylibrary.org/events.