



OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

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PRESS RELEASE

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Gentle Yoga Class Coming to Jackson Library

JACKSON – The Jackson Branch of the Ocean County Library will host “Gentle Yoga” at 6:30 p.m. Wednesday, Aug. 7.

Experience gentle yoga in this free session. Comfortable clothing and a yoga mat are recommended. Light refreshments will be provided after class.

This program is sponsored by Jackson Friends of the Library.

The branch is located at 2 Jackson Drive.

Registration is required for this free program. To register, call the branch at 732-928-4400 or visit theoceancountylibrary.org/events.