



OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

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Susan Quinn, Director

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PRESS RELEASE

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Upcoming Programs at Jackson Library

JACKSON – The Jackson Branch of the Ocean County Library will host various events throughout the month of October.

- “Brain Joggers” 10 a.m. Monday, Oct. 7. Exercise your mind by playing games and working puzzles.
- “Evening Film” 6 p.m. Monday, Oct. 7. See a film on the big screen without the admission fee of a movie theater. Call the branch at 732-928-4400 or visit theoceancountylibrary.org/events for additional information.
- “Prose & Ink Writers’ Group” 6:30 p.m. Mondays, Oct. 7, 14, 21, and 28. The Jackson Writers’ Group will help you get your manuscript in shape whether you are a beginning writer or a seasoned veteran. Participants should bring in 3 to 5 pages of a work in progress for constructive critique. No registration is required.
- “Armchair Traveling Series: Holy Lands 2 – Israel” 10 a.m. Friday, Oct. 11. Explore the world without leaving the library. This documentary will take you on a tour of Israel. This film is available through the Access Video On Demand database.
- “Mindfulness Meditation: On Death & Dying” 11 a.m. Thursday, Oct. 17. Learn how to meditate on death in order to embrace life and navigate grief through this gentle practice. This session is open to novice and advanced practitioners.
- “Afternoon Film” 2:30 p.m. Thursday, Oct. 17. See a film on the big screen without the admission fee of a movie theater. Call the branch at 732-928-4400 or visit theoceancountylibrary.org/events for additional information.
- “Purposeful Parenting: ABA Tips for Caregivers of Individuals with Autism” 7 p.m. Monday, Oct. 21. BCBA’s from Graham Behavior Services will provide an overview of Applied Behavior Analysis (ABA), an evidence-based approach that is widely effective with individuals who are on the autism spectrum. Learn how to increase positive interactions, decrease challenging behavior, increase your child’s independence, and teach new skills. Understanding your child’s behavior will also be discussed.
- “Evening Film” 6 p.m. Monday, Oct. 28. See a film on the big screen without the admission fee of a movie theater. Call the branch at 732-928-4400 or visit theoceancountylibrary.org/events for additional information.

The branch is located at 2 Jackson Drive.

Registration is required for these free events unless otherwise noted. To register, call the branch at 732-928-4400 or visit theoceancountylibrary.org/events.