



OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

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PRESS RELEASE

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Virtual Early Stage Memory Cafés @ The Ocean County Library Now Accepting Registrants

TOMS RIVER – Registration is under way for Virtual Early Stage Memory Cafés @ The Ocean County Library, for sessions that will begin in March.

The popular program, administered by the Alzheimer's Association Greater New Jersey, is undergoing expansion throughout the Library system, following its successful implementation in the Lacey Branch. The events are conducted through Zoom.

Memory Cafés are monthly gatherings in which people experiencing memory loss, and their caregivers, connect in a relaxed, non-judgmental atmosphere. Participants enjoy conversation, music, art, games, activities, and more.

The meetings are facilitated by trained volunteers and are open to anyone with early stage memory loss. Three branches will host.

- **Manchester:** Thursday, March 3, first Thursday of every month, 10 AM
- **Lacey:** Saturday, March 5, first Saturday of every month, 10:30 AM
- **Toms River:** Monday, March 7, first Monday of every month, 6 PM

To register, call the Alzheimer's Association 24/7 Helpline, 1-800-272-3900. Registrants will receive links to the program by email.

Volunteers are welcome to become facilitators. Training by the Alzheimer's Association includes online learning, shadowing of similar groups, and mentoring. Prospective facilitators are required to undergo background checks. Learn more by emailing Program Coordinator Nicolette Vasco, navasco@alz.org.

Keep up with Library programs and events at www.theoceancountylibrary.org, and on [Facebook](#), [Instagram](#), [Twitter](#), [YouTube](#), [Spotify](#), and [Pinterest](#).

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