

OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

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PRESS RELEASE

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June Marks the Return of Live, In-Person Memory Cafés @ The Ocean County Library

TOMS RIVER – The Ocean County Library and the Alzheimer's Association Greater New Jersey Chapter are pleased to announce the resumption of live, in-person Memory Cafés @ The Ocean County Library, starting in the first week of June at the Toms River and Manchester branches.

In-person sessions can encourage socialization, reduce feelings of isolation, and generate meaningful communication through open discussions. Social and cognitive engagement are important daily routines for brain health.

Presented by the Alzheimer's Association Greater New Jersey Chapter, Memory Cafés offer a relaxed, safe atmosphere for interaction, music, games, laughter and crafting for anyone concerned with memory loss or early dementia, and caregivers.

Memory Cafés in the Toms River Branch will resume at 6 PM Monday, June 6, and will take place on the first Monday of every month. Memory Cafés in the Manchester Branch will resume at 10 AM Thursday, June 2, and will take place on the first Thursday of every month.

A virtual option for the Memory Café hosted by the Lacey Branch will continue at 10:30 AM on the first Saturday of every month until October 2022.

Applications are being accepted for volunteer social engagement leaders. Alzheimer's Association training includes online learning, shadowing of similar groups, and mentoring. Prospective facilitators are required to undergo background checks.

Learn more by emailing Robyn Kohn, MA, CDP, CMDCP, Director of Programs and Services, rmkohn@alz.org, or by calling the Alzheimer's Association at 1-800-272-3900.

Keep up with Library programs and events at www.theoceancountylibrary.org, and on Facebook, Instagram, Twitter, YouTube, Spotify, and Printerest.

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