



# OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

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Susan Quinn, Director

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## PRESS RELEASE

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### Learn 10 Alzheimer's Warning Signs in Ocean County Library Virtual Program



**TOMS RIVER** – The Ocean County Library and the Alzheimer's Association Greater New Jersey Chapter invite you to gain an understanding of the earliest indicators of Alzheimer's disease in a virtual program, 2 PM Wednesday, June 1.

The program, presented by the Alzheimer's Association Greater New Jersey Chapter, is the first in a four-part series that highlights June as Alzheimer's and Brain Health Awareness Month.

Hosts Debby Montone, RN, and Robyn Kohn, MA, CDP, CMDCP, Director of Programs and Services for the Alzheimer's Association Greater New Jersey Chapter, will explain the importance of recognizing common onset symptoms, and discuss possible next steps, including a conversation with a doctor. A question-and-answer period will follow.

According to Alzheimer's Association research, nearly nine percent of New Jerseyans aged 45 and older experience subjective cognitive decline. In the US, the number of people with Alzheimer's increases with age, from just over five percent between ages 65 and 74, to almost 35 percent of people aged 85 and older.

Registration at [www.theoceancountylibrary.org/events](http://www.theoceancountylibrary.org/events) is required for this free virtual program. Registrants will receive links to the Zoom discussion by email.

Keep up with Library programs and events at [www.theoceancountylibrary.org](http://www.theoceancountylibrary.org), and on [Facebook](#), [Instagram](#), [Twitter](#), [YouTube](#), [Spotify](#), and [Pinterest](#).

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