



OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

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PRESS RELEASE

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Memory Cafés at the Ocean County Library: Easy Chatting in a Casual Setting

alzheimer's  association®



Greater New Jersey Chapter

MANCHESTER – People experiencing mild memory issues and their care partners can enjoy relaxed conversation and camaraderie during Early Stage Memory Cafés at the Ocean County Library Manchester Branch, monthly starting January 5.

Early Stage Memory Cafés, 10 AM on the first Thursday of each month at the Manchester Branch, are designed for individuals in early cognitive decline, or diagnosed with early-stage memory loss, and their care partners.

Join a Memory Café to connect with peers experiencing similar changes in a casual atmosphere that promotes social engagement and support.

Memory Cafés are presented by the Alzheimer's Association Greater New Jersey Chapter, in partnership with the Ocean County Library.

The Manchester Branch is located at 21 Colonial Drive. Walk-ins are welcome, and registration is preferred. To register, call the Alzheimer's Association Greater New Jersey Chapter, (800) 272-3900.

Keep up with Library programs and events at www.theoceancountylibrary.org, and on [Facebook](#), [Instagram](#), [Twitter](#), [YouTube](#), [Spotify](#), and [Pinterest](#).

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