

## OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

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## PRESS RELEASE

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> Memory Cafés at the Ocean County Library: Gentle Conversation in a Casual Setting





## **Greater New Jersey Chapter**

**LACEY TOWNSHIP** – People experiencing mild memory issues and their care partners can enjoy relaxed conversation and camaraderie during Memory Cafés at the Ocean County Library Lacey Branch, commencing at 10:30 AM Saturday, January 14.

Early-stage Memory Cafés, 10:30 AM on the second Saturday of each month at the Lacey Branch, are designed for individuals in early cognitive decline, or diagnosed with early-stage memory loss, and their care partners.

Join a Memory Café to connect with peers experiencing similar changes in a casual atmosphere that promotes social engagement and support.

Memory Cafés are presented by the Alzheimer's Association Greater New Jersey Chapter, in partnership with the Ocean County Library.

The Lacey Branch is located at 10 East Lacey Road. Walk-ins are welcome, and registration is preferred. To register, call the Alzheimer's Association Greater New Jersey Chapter, (800) 272-3900.

Keep up with Library programs and events at <u>www.theoceancountylibrary.org</u>, and on <u>Facebook</u>, <u>Instagram</u>, <u>Twitter</u>, <u>YouTube</u>, <u>Spotify</u>, and <u>Pinterest</u>.