

## **OCEAN COUNTY LIBRARY**

Connecting People ... Building Community...Transforming Lives

101 Washington St., Toms River, NJ 08753-7625 Telephone: 732-349-6200 www.theoceancountylibrary.org Susan Quinn, Director December 29, 2022

## **PRESS RELEASE**

**CONTACT:** Tom Mongelli, 732-349-6200, ext. 5900 tmongelli@theoceancountylibrary.org

## "Bread: Is It Part of Your Future?" Find Out at Ocean County Library Long Beach Island Branch

**SURF CITY** – The trendy neo-artisan wave in America has turned bread into a superstar food. Yet, there are questions to ponder about healthful eating. Slice into the facts about bread at Ocean County Library Long Beach Island Branch, 3 PM Tuesday, January 24.

In "Bread: Is It Part of Your Future?," technical baker Rafael Morillo of Surf City's MKT Eatery will offer an enlightening look into ingredients, clear away some mysteries, and discuss considerations such as gluten in the creation and consumption of healthy bread.

You'll also have the opportunity to taste fresh samples during the two-hour presentation, while Rafael dispenses wisdom that he's gained in more than 40 years of experience.

Please register at <a href="www.theoceancountylibrary.org/events">www.theoceancountylibrary.org/events</a> for this free program, sponsored by the Long Beach Island Branch. The Branch is located at 217 South Central Avenue, Surf City. For more information, call (609) 494-2480.

Keep up with Library programs and events at <a href="www.theoceancountylibrary.org">www.theoceancountylibrary.org</a>, and on <a href="Facebook">Facebook</a>, <a href="Instagram">Instagram</a>, <a href="Twitter">Twitter</a>, <a href="YouTube">YouTube</a>, <a href="Spotify">Spotify</a>, and <a href="Pinterest">Pinterest</a>.

-more-



Rafael Morillo



Rafael Morillo with Lucero Vilchez, host of Le Sartén por el Mango (YouTube)



Photos courtesy of Rafael Morillo