

OCEAN COUNTY LIBRARY

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PRESS RELEASE

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Ocean County Library Barnegat Branch to Host Carol Stauffer's Seasons of Life Photo Exhibit

BARNEGAT – The Ocean County Library Barnegat Branch is pleased to present *Seasons of Life,* an exhibit of inspirational, nature-centered photographs by Ocean County resident Carol Stauffer, throughout March.

The exhibit encompasses the four seasons, with an emphasis on the spiritual messages to be found in nature. Carol views nature as a living canvas of beauty, harmony and wisdom. She desires to inspire all who view her photography to open their eyes and hearts to these gifts.

Carol's affinity for nature's inspiration and solace began in her youth, as she explored her rural Pennsylvania surroundings with a Brownie camera. Later, while pursuing degrees in Education, Dance Therapy and Massage Therapy, she studied the connections of body, mind and spirit in self-expression. The experience enhanced the spiritual nature of her work.

Seasons of Life is free and open to the public. The branch is located at 112 Burr Street. For more information, please contact the Barnegat Branch, (609) 698-3331, or visit www.theoceancountylibrary.org/events.

Keep up with Library programs and events at <u>www.theoceancountylibrary.org</u>, and on <u>Facebook</u>, <u>Instagram</u>, <u>Twitter</u>, <u>YouTube</u>, <u>Spotify</u>, and <u>Pinterest</u>.

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March 2022 Exhibiting Artist

Image courtesy Carol Stauffer

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