



OCEAN COUNTY LIBRARY

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PRESS RELEASE

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“Bread: Is It Part of Your Future?” Find Out at Ocean County Library Stafford Branch

STAFFORD – The neo-artisan wave in America has turned bread into a superstar food. Yet, there are questions to ponder about healthful eating. Slice into the facts about bread at the Ocean County Library Stafford Branch, 2 PM Wednesday, February 8.

In “Bread: Is It Part of Your Future?,” technical baker Rafael Morillo of Surf City’s MKT Eatery will offer an enlightening look into ingredients, clear away some mysteries, and discuss considerations such as gluten in the creation and consumption of healthy bread.

You’ll also have the opportunity to taste fresh samples during the two-hour presentation, while Rafael dispenses wisdom that he’s gained in more than 40 years of experience.

Please register at www.theoceancountylibrary.org/events for this free program, sponsored by Friends of the Stafford Library. The Branch is located at 129 North Main Street, Manahawkin. For more information, call (609) 597-3381.

Keep up with Library programs and events at www.theoceancountylibrary.org, and on [Facebook](#), [Instagram](#), [Twitter](#), [YouTube](#), [Spotify](#), and [Pinterest](#).

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Rafael Morillo



Rafael Morillo with Lucero Vilchez, host of Le Sartén por el Mango (YouTube)



Photos Courtesy of Rafael Morillo

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