

OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

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Memory Cafés at the Ocean County Library: Easy Chatting in a Casual Setting



TOMS RIVER – People experiencing mild memory issues and their care partners can enjoy relaxed conversation and camaraderie during Memory Cafés at the Ocean County Library Toms River Branch, monthly starting February 6.

Early-stage Memory Cafés, 6 PM on the first Monday of each month at the Toms River Branch, are designed for individuals in early cognitive decline, or diagnosed with early-stage memory loss, and their care partners.

Join a Memory Café to connect with peers experiencing similar changes in a casual atmosphere that promotes social engagement and support.

Memory Cafés are presented by the Alzheimer's Association Greater New Jersey Chapter, in partnership with the Ocean County Library.

The Toms River Branch is located at 101 Washington Street. Walk-ins are welcome, and registration is preferred. To register, call the Alzheimer's Association Greater New Jersey Chapter, (800) 272-3900.

Keep up with Library programs and events at <u>www.theoceancountylibrary.org</u>, and on <u>Facebook</u>, <u>Instagram</u>, <u>Twitter</u>, <u>YouTube</u>, <u>Spotify</u>, and <u>Pinterest</u>.