

OCEAN COUNTY LIBRARY

Connecting People ... Building Community...Transforming Lives

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PRESS RELEASE

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Perinatal Loss Discussion to be Live and Online at Ocean County Library Lacey Branch



LACEY TOWNSHIP – The Ocean County Library will offer a special presentation in observance of Maternal Mental Health Awareness Month. "When the Bough Breaks: Loss During and After Pregnancy" will take place, live and online, at 2 PM Wednesday, May 24 in the OCL Lacey Branch.

Kathy Donaldson, Program Manager of the Pregnancy and Parenting Wellness Program at the <u>Central Jersey Family Health Consortium</u> (CJFHC), will discuss various types of perinatal loss and its effects on parents and grandparents, as well as ways to provide support and solace to bereaved parents.

The Central Jersey Family Health Consortium (CJFHC) maintains offices in Brick Township, North Brunswick, and Morristown.

CJFHC staffers research and recommend programs pertaining to early intervention, bereavement care, community-based COVID-19 defense strategies, health care for families, expectant mothers, teens, and children, parenting wellness, and more.

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OCL Lacey Branch / "When The Bough Breaks"

Please register at <u>www.theoceancountylibrary.org/events</u> to attend this free program in person, or to receive a link to view the Zoom presentation wherever you need to be. For more information, visit the Lacey Branch, 10 East Lacey Road, Forked River, or call (609) 693-8566.

Keep up with Library programs and events at <u>www.theoceancountylibrary.org</u>, and on <u>Facebook</u>, <u>Instagram</u>, <u>Twitter</u>, <u>YouTube</u>, <u>Spotify</u>, and <u>Pinterest</u>.



Kathy Donaldson, Program Manager, CJFHC Photo courtesy Central Jersey Family Health Consortium

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