

RESOURCES FOR CAREGIVERS OF INDIVIDUALS WITH AUTISM

The coronavirus has had drastic effects upon people with autism and their caregivers. The disruption in routines, the introduction of new societal norms such as wearing masks and practicing social distancing, the process of getting vaccinated, and the gradual transition to a “new normal” is extremely difficult for individuals with ASD. In addition, many caregivers have found themselves thrust into the roles of their children’s teacher and therapists – experiences that present their own challenges.

Listed below are resources that are designed to assist both the individual with autism and his or her caregivers. These resources are divided into five sections:

- Information geared toward the pandemic.
- Links to the websites of autism-related organizations.
- Autism-Related Facebook Groups.
- A list of “The Best Autism Apps” (published in Autism Parenting Magazine in May 2020).
- Titles of autism-related ebooks that can be borrowed through the Library’s hoopla app. Have questions about hoopla? Go to: <http://theoceancountylibrary.org/sites/default/files/Hoopla-Instructions.pdf>

PART 1: GUIDES FOR COPING WITH THE PANDEMIC AND RESOURCES FOR REMOTE LEARNING

1) Autism NJ. www.autismnj.org/article/type/coronavirus

Provides guidance on preparing individuals with autism for the vaccine, wearing masks, adjusting to disruptions in their routines, coping with regression and challenging behaviors, remote learning resources, and useful apps. Also contains strategies for caregiver self-care, financial concerns, and practical information regarding

COVID-19 and its effects on the delivery of therapies. Autism NJ also has a hotline: 1-800-428-8476.

- 2) University of Cincinnati Center for Excellence in Developmental Disabilities. [Social-Story Getting-the-COVID19-Vaccine.pdf \(ucucedd.org\)](#)**

Contains a social story designed to prepare those with ASD to receive the vaccine.

- 3) Harvard Health Publishing: Harvard Medical School. <https://www.health.harvard.edu/blog/helping-people-with-autism-spectrum-disorder-manage-masks-and-covid-19-tests-2020061020089>**

An article containing tips for helping those with ASD cope with taking a COVID test and adjust to wearing masks.

- 4) The Arc of New Jersey. [The Arc of New Jersey : Information : COVID-19 Updates & Information : COVID-19 Updates & Information \(arcnj.org\)](#)**

Contains COVID-19 resources for individuals with disabilities and their caregivers – including plain-language explanations, a list of 75 stay-at-home activities, housing updates, and income support.

- 5) New Jersey Division of Disability Services. www.state.nj.us/humanservices/dds/news**

Contains an emergency preparedness checklist for people with disabilities.

6) Autism Speaks.

www.autismspeaks.org/covid-19-information-and-resources

Has a wide variety of resources geared toward families and toward adults who have autism. There is an Autism Response Team (ART) available to answer questions by phone, email, and live chat (1-888-288-4762). Also contains tips for discussing COVID-19 with your child, a social story about wearing masks, guidance if your child needs to be hospitalized, behavioral resources, coping with stress, and parental training and support resources.

7) Echo Autism.

www.echoautism.org/parent-resources-during-covid-19

Contains information about how to do ABA, OT, and speech therapy at home, how to teach at home, social stories, and parenting tips.

8) Education.com. www.education.com

Contains free printable worksheets on a wide variety of topics for children in preschool through fifth grade. Also has online games, songs, activities, and stories. Must create a free account to use.

PART 2:
AUTISM-RELATED ORGANIZATIONS

CAREGIVER AND INDIVIDUAL WITH DD SUPPORT AND ASSISTANCE

<u>AGENCY NAME</u>	<u>DESCRIPTION</u>	<u>WEBSITE</u>
Autism New Jersey	Information About Autism, Education and Training, Caregiver Support and Referral to Specialists	www.autismnj.org Hotline: 1-800-428-8476.
Canine Companions	Service Dogs	www.canine.org
The Color of Autism Foundation	Provides Support to African American Families with Autism	www.thecolorofautism.org
Mom2Mom Helpline	Peer support to caregivers.	www.mom2mom.us.com Hotline: 1-877-914-6662.
New Jersey Autism Warriors	Facebook group that provides peer support to caregivers.	
Ocean County Family Support Organization	Peer support, family training.	www.oceanfso.org

EMPLOYMENT TRAINING AND ASSISTANCE

<u>AGENCY NAME</u>	<u>DESCRIPTION</u>	<u>WEBSITE</u>
Allaire Community Farm	Provides Pre-Employment Training, Therapy Farm Animals	www.allairecommunityfarm.org
Community Options	Employment Training for High School Students, Employment, Housing	www.comop.org
Disability Allies	Focuses on Employment Training for Adults with DD, and Connects Young Adults with and without DD Through Social Events	www.disabilityalliesforyou.org
New Jersey Division of Vocational Rehabilitation Services <i>(One-Stop Career Centers are open by appointment)</i>	Employment Assistance	Career Services Vocational Rehabilitation Services (nj.gov)
Waters & Sims	Provides Supported Employment Services	www.watersandsims.com

GOVERNMENT RESOURCES

<u>AGENCY NAME</u>	<u>DESCRIPTION</u>	<u>WEBSITE</u>
The Americans with Disabilities Act	The ADA Law, first enacted in 1990, prohibits discrimination based on disability.	www.ada.gov

New Jersey ABLE	ABLE accounts enable those with disabilities and their caregivers to save private funds to supplement benefits provided through Social Security and Medicaid.	www.savewithable.com/nj/home.html
New Jersey Department of Health	The New Jersey Autism Registry enables families to be referred to organizations that will assist them.	Department of Health Autism The New Jersey Autism Registry (nj.gov)
New Jersey DHS - Division of Disability Services	Housing Resources for Individuals with Disabilities	Department of Human Services NJ Housing Resources for People With Disabilities (state.nj.us)
New Jersey DHS - Division of Disability Services	Information on Education and Training Opportunities for Those with Disabilities, Families, and Service Providers	Department of Human Services Education and Training (state.nj.us)
New Jersey DHS - Division of Disability Services	Resources for Financial Assistance	Department of Human Services Financial Assistance (state.nj.us)
New Jersey DHS – Division of Disability Services	Transportation Services for Individuals with Disabilities	Department of Human Services Transportation Resources for NJ Residents with Disabilities (state.nj.us)
New Jersey Office of the Ombudsman	Provides Lists of Resources for Individuals with Disabilities and Their Caregivers	https://nj.gov/treasury/njombudsman

INFORMATION AND REFERRAL

<u>AGENCY NAME</u>	<u>DESCRIPTION</u>	<u>WEBSITE</u>
Autism New Jersey	Information and Referral, Public Policy	www.autismnj.org Hotline: 1-800-428-8476
Ocean County Department of Human Services (Children’s Inter-Agency Coordinating Council, Office of Individuals with Disabilities)	Information and Referral, Advocacy, Community Education	Office for Individuals with Disabilities Ocean County Government
Ocean County Health Department	Information and Referral	www.ochd.org
SPAN Advocacy Network	Information and Referral, Caregiver Support and Resource Center	www.spanadvocacy.org
Toms River Mayor’s Advisory Committee on the Americans with Disabilities Act	Advocacy and Assistance	Mayor’s Advisory Committee on the ADA Toms River Township, NJ
Toms River Mayor’s Advisory Committee on Developmental Disabilities	Advocacy and Assistance	Developmental Disabilities Committee Toms River Township, NJ

LEGAL SERVICES

<u>AGENCY NAME</u>	<u>DESCRIPTION</u>	<u>WEBSITE</u>
Community Health Law Project	Legal and advocacy services	www.chlp.org
Freeman Law Offices	Special Education Law, Estate Planning, Adult Services	www.freemanlawoffices.com
Hinkle Prior & Fischer	Special Education Law, Estate Planning	www.hinkle1.com
Mack Rosenberg Law, LLC	Assists Families in Obtaining Health Insurance Coverage for Disability Services	https://mackrosenberglaw.com
The Matus Law Group	Special Education Law, Estate Planning	www.matuslaw.com
Sussan Greenwald, & Wesler	Special Education Law, Estate Planning	www.sgwlawfirm.com

MEDICAL SPECIALISTS

<u>AGENCY NAME</u>	<u>DESCRIPTION</u>	<u>WEBSITE</u>
Children's Specialized Hospital	Developmental Pediatricians, Neurologists, Psychiatrists	www.childrens-specialized.org

Children's Wellness & Developmental Center	Developmental Evaluations, Holistic Evaluations, Nutritional Counseling, Individual and Family Counseling	www.cwdcenter.com
Community Medical Center	Autism-Friendly ER	Autism-Friendly Emergency Department Community Medical Center (rwjbh.org)
Developmental Pediatrics of Central NJ	Developmental Pediatrics	www.developmentalpediatricsnj.com
KidZdent	Special Needs Dentistry	www.kidzdent.com
The Milestones Center	Developmental-Behavioral Pediatrics	www.milestones.center
NeurAbilities Healthcare	Diagnostic Services, Neurological Testing, Developmental Pediatricians, ABA Therapy	https://neurabilities.com/
Ocean Pediatric Dental Associates	Special Needs Dentistry	www.oceanpediatricdental.com

MULTISERVICE ORGANIZATIONS

<u>AGENCY NAME</u>	<u>DESCRIPTION</u>	<u>WEBSITE</u>
Bancroft	Services for All Ages: Diagnostic Assessments, ABA Therapy, Assistive Technology, Severe Behavior Day Treatment Program, Residential Treatment	www.bancroft.org
Community Access Unlimited	Services for All Ages: ABA Therapy, In-Home Respite, Support Coordination, Day Programs, Housing, Employment Services	www.caunj.org
Devereux Advanced Behavioral Health	Services for All Ages: Diagnostic Assessments, Private Schools, Transition to Adult Services, Housing, Day Programs	www.devereux.org
Easterseals NJ	Summer Camp for Ages 6+, Behavioral Health Services, Residential Services, Day Programs, Supported Employment	www.easterseals.com/nj
Eden Autism	Services for All Ages: School for Ages 3 – 21; Home-Based ABA and Speech Therapy, Adult Employment Training and Housing	www.edenautism.org

Enable	Services for Adults: Housing, Day Programs, In-Home Supports, Employment Training	https://enablenj.org/
Jewish Service for the Developmentally Disabled	Services for Adults: Residential Services, Physical Therapy, Occupational Therapy, Speech Therapy	www.jsddmetrowest.org
Ladacin Network	Services for All Ages: Early Intervention, Child Care, School, Therapy, Day Programs, Vocational Therapy, Housing	www.ladacin.org
New Jersey Institute for Disabilities	Services for All Ages: Early Intervention, School, Day Programs, Employment Services, Residential Services, In- Home Supports, Life Skills Development	www.njid.org
PCDI	Services for All Ages: Early Intervention, School for Ages 3 – 21, Adult Life Skills Program, Housing	https://pcdi.org/
SERV Behavioral Health System, Inc.	Services for All Ages: In-Home Services, Vocational Training, Residential Services	www.servbhs.net
21 Plus, Inc.	Services for Adults: Residential Services, Vocational Services, Supported Employment	www.21plus.org

NEW JERSEY STATE SERVICES

For behavior therapy and respite for children under the age of 21, contact PerformCare (the New Jersey Children's System of Care) at www.performcarenj.org or by calling 1-877-652-7624.

To inquire about home and community-based services for individuals 21 and older, contact the New Jersey Division of Developmental Disabilities (DDD) at www.state.nj.us/humanservices/ddd or by calling 1-800-832-9173.

To download the NJ Office on Autism's publication **Autism: A Family Guide to Navigating the NJ Service Systems for Individuals with Autism Spectrum Disorder and Other Developmental Disabilities**, click here: <https://tinyurl.com/Autism-A-Family-Guide>

<u>AGENCY NAME</u>	<u>DESCRIPTION</u>	<u>WEBSITE</u>
Ability Advocates of NJ	Transition from Children's System of Care to Adult Services, Support Coordination for Adults Through the Division of Developmental Disabilities	www.abilityadvocatesofnj.org
A Bright Tomorrow	Support Coordination for Adults through the Division of Developmental Disabilities	http://abrighttomorrow.org
A Care Connection of New Jersey	Support Coordination for Adults through the Division of Developmental Disabilities	www.accofnj.org

Ocean Partnership for Children	Care Management and Service Planning for Children with Behavioral and Emotional Challenges <i>(accessible through PerformCare)</i>	www.oceanpartnership.org
Owen Health Care	Children’s Behavior Therapy through PerformCare, Support Coordination for Adults through the Division of Developmental Disabilities, Respite, Summer Camp, Supported Employment	www.owenhc.com
PrimeTime Center	Adult Day Programs (Life Skills, Recreation, Social Skills, Vocational Skills, and More) <i>(admission through DDD)</i>	www.primetimecenter.org
SPWA Services	Support Coordination for Adults through the Division of Developmental Disabilities	www.spwaservices.org

PUBLIC POLICY

<u>AGENCY NAME</u>	<u>DESCRIPTION</u>	<u>WEBSITE</u>
Autism NJ	Public Policy	www.autismnj.org
New Jersey Council on Developmental Disabilities	Public Policy	www.njcdd.org

SAFETY

<u>AGENCY NAME</u>	<u>DESCRIPTION</u>	<u>WEBSITE</u>
Ocean County Commission on Child Safety and Awareness	Safety	The Ocean County Commission on Child Safety & Awareness Ocean County Government
Ocean County Sheriff's Office	Safety	Ocean County Sheriff's Department

SCHOOLS (refer to "Multiservice Organizations" for additional schools)

To view a comprehensive list of schools, visit Autism NJ's *Directory of Schools Serving Children with Autism Spectrum Disorder* at:

https://www.rwjbh.org/documents/csh/Autism_NJ_School_List_2010.pdf

<u>SCHOOL NAME</u>	<u>DESCRIPTION</u>	<u>WEBSITE</u>
The Alpha School	School for Ages 5 to 21	www.alphaschool.com
Children's Center of Monmouth County	School for Ages 3 to 21	www.ccprograms.com
Douglass Developmental Disabilities Center	School for Ages 3 to 21; Adult Program for Ages 21+ That Focuses on Employment Training	https://dddc.rutgers.edu/
The Gateway School	School for Ages 5 to 21	www.thegatewayschool.com
The Harbor School	School for Ages 5 to 21	www.harborschool.com
Hawkswood School	School for Ages 3 to 21	www.hawkswoodschool.net

Ocean County College	Education (Disability Services) and Summer Camp	Disability Services Ocean County College NJ
The Shore Center for Students with Autism	School for Ages 3 to 21	www.theshorecenter.org

SOCIAL/RECREATION

<u>AGENCY NAME</u>	<u>DESCRIPTION</u>	<u>WEBSITE</u>
Camp Jaycee	Summer Camp for Adults with DD	www.campjaycee.org
Easterseals NJ	Summer Camp for Individuals Ages 6+ with Disabilities	www.easterseals.com/nj
Encouraging Kids Family Resource Center	After school, Evening, and Weekend Programs for Students with Disabilities.	Family Center - Encouraging Kids Family Resource Center
The Friendship Circle of Central Jersey	Social and Respite Programs	www.friendsnj.com
Mosaic Music Therapy	Music Therapy	www.mosaicmusictherapy.com
Music for Autism	Free Concerts for Individuals with DD and their caregivers <i>(currently being held virtually)</i>	www.musicforautism.org
POAC Autism Services	Recreational and Support Services, Family Training	www.poac.net

Rising Treetops at Oakhurst	Summer Camp, Respite, After School Program	www.risingtreetops.org
We Rock the Spectrum Kid's Gym	Indoor Play	www.werockthespectrumwaretown.com

THERAPY (ABA, COGNITIVE BEHAVIOR THERAPY, DIR/FLOORTIME, OCCUPATIONAL, PHYSICAL, SPEECH)

<u>AGENCY NAME</u>	<u>DESCRIPTION</u>	<u>WEBSITE</u>
Autism Spectrum Diagnosis & Counseling	Evaluation and Diagnosis, Cognitive Behavior Therapy, Social Skills Groups	Home » Autism Spectrum Diagnostics & Consulting (autismdiagnostics.com)
Bierman Autism Centers	Diagnostic Assessments, ABA, Speech, OT	www.biermanautism.com
Brain Builders	ABA, OT, Speech, Social Skills Groups	www.brainbuildersnj.org
Brett DiNovi & Associates	ABA Therapy	www.brettdassociates.com
Caring Family Community Services	ABA Therapy	www.caringfamily.org
Children's Specialized Hospital	Speech, OT, PT, Feeding Therapy	www.childrens-specialized.org
The Family Resource Network (includes the affiliate Autism Family Services of New Jersey)	ABA Therapy	www.familyresourcenetwork.org

Graham Behavior Services	ABA Therapy	www.grahambehaviorservices.com
Helping Hands Family	ABA Therapy	www.hhfamily.com
Hybridge Learning Group	ABA, Speech, OT	www.hybridgelearning.com
Kaleidoscope Family Solutions	ABA Therapy	www.kfamilysolutions.org
Limitless Victory Therapy Services	Occupational Therapy	www.limitlessvictory.com
Links ABA Therapy Solutions	ABA Therapy	www.linksaba.com
Mastermind Behavior Services	ABA Therapy	www.mastermindbehavior.com
Positive Development	DIR/Floortime	www.positivedevelopment.com
Professional Therapy Associates	ABA Therapy, Speech, OT, PT, Social Skills	www.ptasensorygym.com
Proud Moments ABA	ABA Therapy	www.proudmomentsaba.com
The Puzzle Place Center for Autism	Intensive Early Intervention, Speech, and OT for young children	www.thepuzzleplace.org
Rainbow ABA	ABA Therapy	www.rainbowtherapy.org
Sensory Playground	ABA, Speech, OT, PT, Music Therapy	www.sensoryplaygroundtherapy.com
Social Behavior Learning Solutions	Early Intensive Behavioral Intervention, School Readiness, Social Skills Groups for young children	www.socialbehaviorlearning.com

Speech Language Associates	Speech Therapy	www.speechlanguageassociates.com
Speech Pathology Solutions, LLC	Speech Therapy	www.speechpathologysolutions.com
Step Up Family Services	ABA Therapy	www.stepupfamilyservices.com
Sunny Days Sunshine Center	ABA, OT, PT, Speech, Social Skills	www.sunnydayssunshinecenter.com
Unlocked Potential	ABA Therapy	www.unlockedpotential.com
Weisman Children's Rehabilitation Hospital	Feeding, OT, PT, Speech	www.weismanchildrens.com

PART 3: AUTISM-RELATED FACEBOOK GROUPS

Autism Parents Support Group
Autism Society Southwest New Jersey Affiliate 532
New Jersey Autism Warriors
NJ Autism Moms
NJ Special Needs Connection
Parent to Parent NJ
Parents of Adults with Developmental Disabilities and Other Support Needs
Parents of Sensory Kids

**PART 4: A SELECTION OF “THE BEST AUTISM APPS”
ACCORDING TO AUTISM PARENTING MAGAZINE (2020)**

(REPUBLISHED MARCH 2022)

The apps listed below are free to download, although they may offer in-app purchases.

<u>CATEGORY</u>	<u>APP NAME</u>	<u>APPLE OR ANDROID</u>	<u>DESCRIPTION</u>
Behavior	Chronaly: Powered for Autism	Android Only	Track behavior and health. Share data with teachers and therapists. Also allows you to create a schedule.
	I’m On It: Focus Timer for ADHD & ASD	Android Only	Helps individuals stay focused on tasks by allowing the user to set a timer for specific activities.
Caregiver Support	MyAutismTeam	Apple and Android	Caregivers can meet other people in similar circumstances, make friends, and get practical tips.
Education	Aiko & Egor: Animation for Autism	Apple and Android	Uses simplified animations and interactive characters to teach. Best watched with caregivers.
	Cuedin (Early Intervention)	Android Only	Works on academics, social skills, and daily routines. Contains visual cues, tactile tracing, and audio information.
	Otsimo – Special Education AAC	Apple and Android	Teaches letters, numbers, colors, animals, and more.

Games	Animals Puzzle for Kids	Android Only	Users identify, match, and arrange the puzzle pieces. It helps develop hand-eye coordination and improve cognitive skills.
	Infant Zoo LITE: Visual Stimulation for Babies	Apple Only	Provides visual input through high quality illustrations, animal sounds, and stimulating bubbles.
	Magic Fluids Lite	Apple and Android	Promotes calming and relaxation by allowing users to create a dynamic wallpaper.
	MouseTrial Lite	Android Only	Teaches children to identify animals, food, letters, numbers, clothes, shapes, colors, and more.
Speech & Communication	Avaz AAC	Apple Only	Provides assistance for those who struggle to interact with others. It can create a Picture Exchange Communication System (PECS) book.

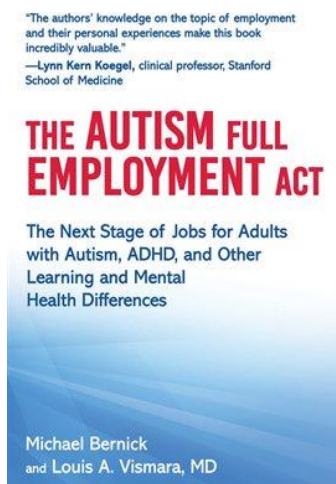
PART 5: AUTISM RESOURCES AVAILABLE ON



Have questions about hoopla? Go to:

[Hoopla-Instructions.pdf \(theoceancountylibrary.org\)](https://theoceancountylibrary.org/Hoopla-Instructions.pdf)

RESOURCES FOR ADULTS/CAREGIVERS

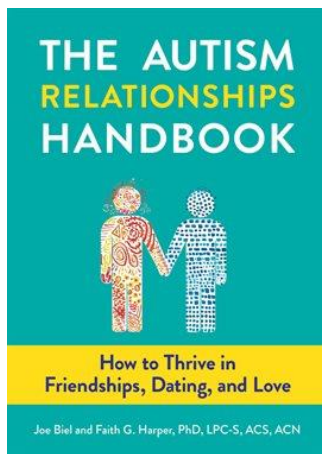


***The Autism Full Employment Act* By Michael Bernick & Louis Vismara.**

Impactful and integral to our economic recovery after the pandemic, The Autism Full Employment Act will rebuild and approve autism employment programs.

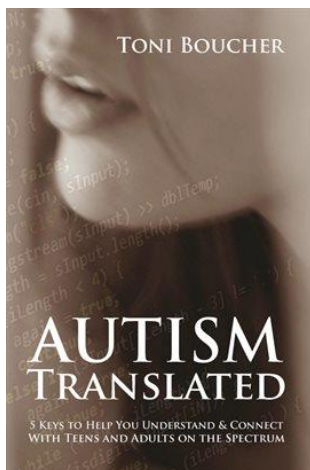
Employment remains the issue today for many adults with autism. Due to the pandemic of 2020, authors Michael Bernick and Dr. Lou Vismara set out to develop an Autism Full Employment Act. At the time, the national economy was decimated, and it was clear that it would need to be rebuilt, starting in 2021 and beyond. The Act will be an attempt not only to rebuild autism employment programs, but also to address the limitations and shortcomings of the current system.

The Autism Full Employment Act shows how there can be a place in the job world for the wide range of adults with autism, ADHD, and other learning and mental health differences-many of whom are not employed today. Bernick and Dr. Vismara review the autism employment initiatives in recent years among major employers, state and local governments, autism-focused businesses, and autism transition programs, and present strategies to build on these initiatives. They set out more fully the meanings of "autism talent advantage," "autism friendly workplace," and "employment for the more severely impacted."



***The Autism Relationships Handbook: How to Thrive in Friendships, Dating, and Love* By Joe Biel and Faith G. Harper, PhD, LPC-S, ACS, ACN.**

Dr. Faith G. Harper joins autistic publisher and author Joe Biel to offer hard-won guidance on a wide range of topics about friendships, dating, and romance and answer a ton of questions. What do you want out of a relationship? What is the difference between flirting and harassment? How do you have a fun date and get to know someone when eye contact and prolonged conversation aren't your strengths? How do you change a casual acquaintance into friendship or dating? How do you express your needs and make sure you're hearing your partner when they express theirs? How do you maintain a healthy, happy long-term relationship? Autistic readers will find valuable answers and perspectives in this book, whether you're just getting ready to jump into dating, seeking to forge closer friendships, or looking to improve your existing partnership or marriage.



***Autism Translated: 5 Keys to Help You Understand & Connect with Teens & Adults on the Spectrum* By Toni Boucher.**

Do you care about a teen or adult on the spectrum but have a hard time understanding why they do what they do? Do you wish you could have a better connection and feel the frustration of wanting to help but don't know how?

Then this book is for you.

It was created with the support of hundreds of autistic individuals and their families.

They share their wisdom and insight about growing up autistic so you can learn from their experiences.

This book reveals 5 little-known keys to help you build a better relationship with your autistic child, parent, partner or student. Learn to: 1- Eliminate harmful stereotypes from your thinking 2- Identify and harness autistic strengths 3- Understand what it feels like to be autistic 4- Communicate more effectively 5- Create an authentic & healthy bond.

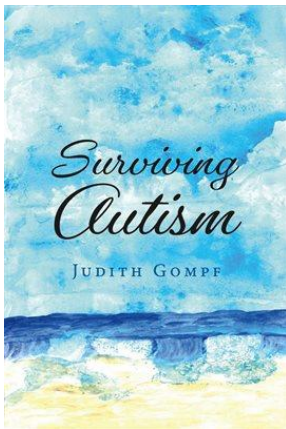


***Autism 2 Awesome: Allow Your Greatest Crisis to Become Your Greatest Miracle* By Kerry L. Brooks.**

In 2003, Kerry L. Brooks's son was diagnosed with autism, devastating his family. Their physician offered only two recommendations: prepare their son for a group home, and focus on having other children.

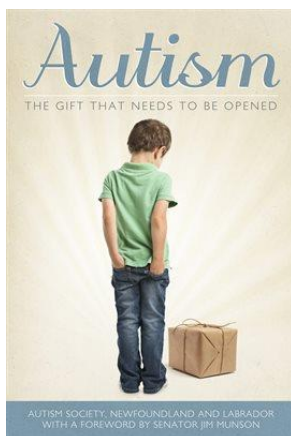
Kerry was no medical expert, but he was a determined father and his son's biggest advocate. Refusing to follow the doctor's orders, he and his wife continued to search-not for a cure, but for strategies that would help their son reach his highest potential.

In Autism 2 Awesome, Kerry shares these strategies and his family's journey from devastating diagnosis to high school honors graduation. No matter the challenge, every parent can benefit from looking within, trusting their instincts, and most importantly, celebrating every miracle.



***Surviving Autism* By Judith Gompf.**

You will find tips on what to look for in your child, help with doctors and specialists, how to manage the day to day, what resources your child may need and how to get them. What agencies you may want to work with and how to get the resources. Help with the public school system, getting your child an Individual Education Plan (IEP), how to manage bad behaviors, meltdowns, schedules and finances.



***Autism: The Gift That Needs to Be Opened* By Newfoundland and Labrador Autism Society**

Families, world experts, and persons on the autism spectrum share their experiences in this collection of stories. With a focus on the positive aspects of autism and the importance of community involvement and early intervention, *Autism: The Gift That Needs to Be Opened* is a resource whose aim is to improve the lives of parents, educators, and persons who have autism spectrum disorder (ASD). Awareness and advocacy for early diagnosis and treatment of autism have grown substantially over the past decade. According to Stephen W. Scherer, Ph.D., D.Sc.,

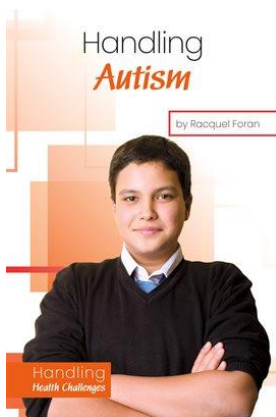
FRSC. There are new studies that show that every child who undergoes intensive behavioural intervention therapy improves in some way. In fact, I have heard rare stories of some children having full or near-full recoveries. The most important factor leading to positive outcomes, however, is to start such interventions early and, in the best-case scenario, even before the first signs of autism appear. These stories are inspirational and informative, while also serving as a reminder-indeed, as a rallying cry-that individuals who have autism can, with the proper care and attention, lead full and productive lives and change the way we see the world.



How to Start Looking at Autism By Greg Stucky.

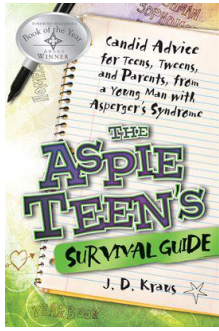
Have you heard about autism but don't know what it is? Does your child exhibit signs of autism, but you're not sure what to believe? Do you have a hard time around friends, coworkers or family that you suspect might be on the spectrum? This quick guide to autism is written with you in mind. After reading this book you'll not only understand how autistics think, but also how to engage with and succeed with them.

RESOURCES FOR TEENS



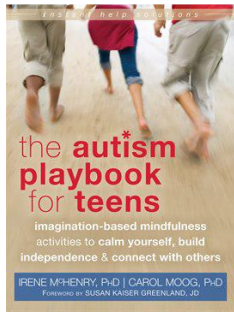
Handling Autism By Racquel Foran.

This book explores autism and how people diagnosed with the disorder manage it. It examines how autism affects daily life, work, and education, and it explains the latest interventions and therapies available. Aligned to Common Core Standards and correlated to state standards.



***The Aspie Teen's Survival Guide: Candid Advice for Teens, Tweens, and Parents, from a Young Man with Asperger's Syndrome* By J.D. Kraus.**

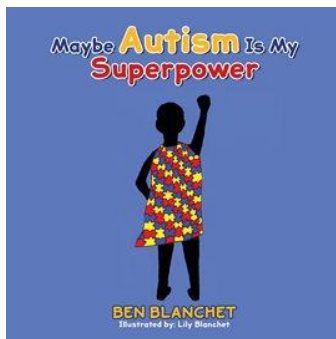
The teenage years are a time when being social is the #1 priority for kids. But for kids with Asperger's, who have acute social challenges, these years can be the most difficult, confusing time in their lives. Enter J. D. Kraus, a young man who has been there, done that! He offers practical advice to his peers so they can get the most out of middle school and high school, both academically and socially. Parents and teachers will love seeing life through J.D.'s eyes, plus "Notes to Parents" sections offer great advice for caregivers and educators alike.



***The Autism Playbook for Teens: Imagination-Based Mindfulness Activities to Calm Yourself, Build Independence, and Connect with Others* By Irene McHenry & Carol Moog.**

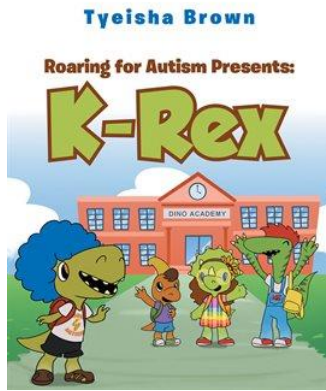
This book offers a unique, strengths-based approach to help teens with autism spectrum (including Asperger's Syndrome) develop social skills, strengthen communication, and thrive. The activities contained in each chapter are custom-designed to work with the unique perspectives, sensory processing, neurological strengths and challenges that teens with autism bring to their encounters with the social world. This is the only book available for teens with autism that specifically integrates mindfulness skills and imaginative scripted roleplaying activities for building authentic social experiences.

RESOURCES FOR CHILDREN



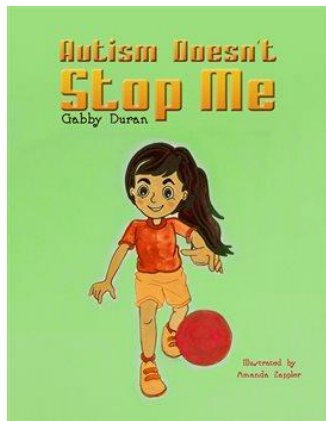
***Maybe Autism is My Superpower* By Ben Blanchet**

After seeing a superhero movie, Ben Blanchet, a thirteen-year-old boy who has autism, claims that maybe autism is his superpower. This book details a fascinating conversation between Ben and his mom. Ben describes the unique ways he hears, sees, and thinks about the world around him. His amazing narrative of his special gifts will also have you wondering if autism really is a superpower. The commentary throughout the book is by his mom, Angela Blanchet.



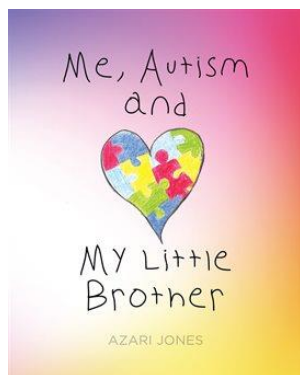
Roaring for Autism Presents: K-Rex *By Tyeisha Brown*

This book is about a big-hearted dinosaur named K-Rex. He is a kind dinosaur with many friends who go on many adventures. He also happens to be on the autism spectrum. Come with us on a journey as K-Rex takes you into his daily life on the spectrum.



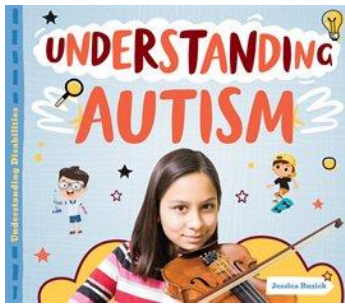
Autism Doesn't Stop Me *By Gabby Duran*

Gabby knows how hard it is to be different from others in the school. Sometimes her own experiences were painful and lonely. She was told she was autistic, and she felt very alone. Gabby rode a special bus to school and went to classrooms where there were few students. Other kids on the playground didn't include her. Even most adults didn't understand her. She wanted friends so badly, and she wanted to be included in schoolyard games! But things got better for her and it will get better for you too!



Me, Autism, and My Little Brother *By Azari Jones*

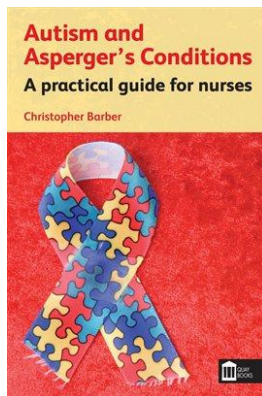
This story is about a loving bond between a sister and a brother. A sister who tries to see the world through her brother's eyes. She doesn't see his disability; she just sees her little brother.



***Understanding Autism* By Jessica Rusick**

In this title, readers learn common symptoms and behaviors of autism and how it affects kids at school and in relationships. Text includes suggestions on how to be a kind and respectful friend to someone with autism and appropriate activities kids can enjoy together. A famous person who has overcome the challenges of autism is highlighted. Aligned to Common Core Standards and correlated to state standards.

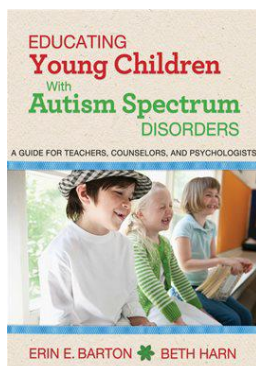
RESOURCES FOR EDUCATORS, HEALTH PROFESSIONALS, AND THERAPISTS



***Autism and Asperger's Conditions: A Practical Guide for Nurses* By Christopher Barber**

Autism and Asperger's Conditions covers a wide range of issues relating to the care and support of those with autism and Asperger's syndrome. This book aims to improve nurses' professional interactions with those with autism spectrum disorders through improved awareness, knowledge and understanding of what these conditions are and what they are not, possible causes, diagnostic issues, nursing interventions, the history of autism, and issues that affect children, adolescents and adults with these conditions and

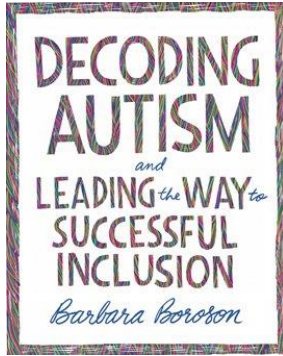
their families. A highly practical and accessible text, autism spectrum conditions are covered from a variety of perspectives, both within and outside of a learning disability setting.



***Educating Young Children with Autism Spectrum Disorders: A Guide for Teachers, Counselors, and Psychologists* By Erin E. Barton & Beth Harn**

Educating Young Children with Autism Spectrum Disorders is aimed at providing strategies for teachers, school counselors, and psychologists to help address the needs of children on the spectrum, as well as their families. Including forms, charts, and a range of classroom activities, this is a great resource you will need to gain the insight and tools for making a difference in the

educational lives of young children with autism.

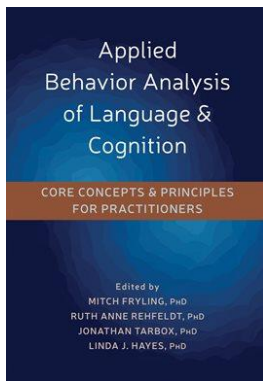


Decoding Autism and Leading the Way to Successful Inclusion

By Barbara Boronson

More students on the autism spectrum are taught in general education settings today than ever before, bringing an array of notable strengths and skills that add intriguing new dimensions to educational programs. But these students also present challenges that are broader, deeper, and more intractable than those of their typically developing peers. Because reaching and teaching students on the autism spectrum in an inclusive environment complicates the work of teachers, school and district administrators must be prepared to provide knowledgeable, mindful leadership.

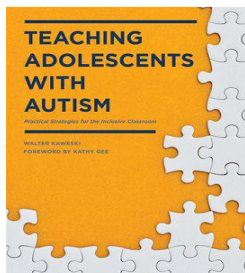
Decoding Autism and Leading the Way to Successful Inclusion empowers school and district leaders to ensure that students on the spectrum are welcome, supported, understood, and set up for success. It's an essential resource for any education leader committed to achieving a differentiated, equitable, and inclusive learning environment for all students in their care.



Applied Behavior Analysis of Language and Cognition: Core Concepts & Principles for Practitioners

By Mitch Fryling, PhD

Written by leading experts in language and cognition, this groundbreaking behavior analysis textbook brings the study of verbal behavior into the 21st century with cutting-edge research. Students and clinicians in the burgeoning field of applied behavior analysis will find the theoretical foundation they need to effectively help the increasingly diverse clients seeking their services.



Teaching Adolescents with Autism: Practical Strategies for the Inclusive Classroom

By Walter Kaweski

Award-winning educator Walter Kaweski offers secondary teachers practical strategies and heartfelt insights based on his extensive experience as an autism specialist, inclusion coordinator, and father of a son with Asperger syndrome.

Teaching Adolescents with Autism offers hundreds of valuable ideas to help teachers. This unique book takes the mystery out of teaching adolescents with autism and inspires teachers to appreciate the individuality of each student.

The information provided in this document is intended for your general knowledge only and is not a substitute for professional medical, legal, or financial advice, or treatment for specific medical conditions.

10/3/2022