

WHERE TO GO AND WHAT TO DO (May 2023)		*Some, but not all, venues offer special discounts. Please read through each website carefully.	* Please note that most venues will require proof of disability (i.e. - a doctor's note) in order for you to qualify for discounts or accommodations.	* For additional suggestions for social activities, please see the "Resources for Individuals with Autism and Their Caregivers" list on the Library's Autism Resources Center site.	
EDUCATION/RECREATION (PLANETARIUMS)					
	DESCRIPTION		LOCATION	WEBSITE	CONTACT NAME AND INFORMATION
Raritan Valley Community College Planetarium	Offers sensory-friendly astronomy and music shows that are appropriate for all ages. Lights remain on, sound is lowered, and doors remain open so that families may come and go.		Raritan Valley Community College East Building 118 Lamington Road Branchburg, NJ 08876	https://www.raritanval.edu/community-resources/planetarium/public-shows	908-231-8805 planet@raritanval.edu
RECREATION (ACCESSIBILITY CARD)					
	DESCRIPTION		LOCATION	WEBSITE	CONTACT NAME AND INFORMATION
The International Board of Credentialing and Continuing Education Standards	Offers an Accessibility Card that enables those with disabilities to obtain accommodations at certain attractions. Once registered, you can download an app through Apple's App Store or through Google Play. The Accessibility Card displayed in the app assists those with disabilities in requesting accommodations at certain attractions.		4651 Salisbury Road, Suite 340 Jacksonville, FL 32256	https://accessibilitycard.org	1-877-717-6543 customersupport@ibccss.org
RECREATION (AQUARIUM)					
	DESCRIPTION		LOCATION	WEBSITE	CONTACT NAME AND INFORMATION
Adventure Aquarium	Has partnered with KultureCity, which enables their staff to receive training in working with those who have sensory processing disorder. They offer the following items for use in the facility: sensory bags (fidget toys and noise-cancelling headphones), and a weighted lap pad. Headphone zones are labeled, and there is a quiet space for those who are experiencing sensory overload. KultureCity's All-Inclusive App provides a social story to prepare individuals for their visit.		1 Riverside Drive, Camden, NJ 08103	https://www.adventureaquarium.com/plan/accessibility/	844-474-3474
RECREATION (ARCADE/RESTAURANT)					
	DESCRIPTION		LOCATION	WEBSITE	CONTACT NAME AND INFORMATION
Chuck E. Cheese	On the first Sunday of each month, the venue opens two hours early to offer a quieter dining and entertainment experience. It features dimmed lighting, sensory-friendly games, and a trained staff.		Brick Plaza, 56 Chambers Bridge Road Brick, NJ 08723	https://www.chuckecheese.com/sensory-sensitive-sundays/	732-262-9200
RECREATION (CREATIVE PLAY)					
	DESCRIPTION		LOCATION	WEBSITE	CONTACT NAME AND INFORMATION
Legoland Discovery Center	Contains various attractions for Lego lovers. Provides free tickets for caregivers (must be arranged in advance). Offers birthday party rooms as quiet spaces (when not in use).		American Dream Mall, 1 American Dream Way, East Rutherford, NJ 07073	https://www.legolanddiscoverycenter.com/new-jersey/plan-your-day/before-you-visit/accessibility-guide	https://www.legolanddiscoverycenter.com/new-jersey/information/contact-us
RECREATION (GYM)					
	DESCRIPTION		LOCATION	WEBSITE	CONTACT NAME AND INFORMATION
We Rock the Spectrum Kid's Gym	Designed for children with sensory processing disorders (but open to all kids!), this gym includes suspended equipment with swings, crash pads, a trampoline, a zip line, a play structure, sensory-based toys, and a crafts area.		299 Route 9 # 4 Waretown, NJ 08758 (We Rock the Spectrum has multiple locations)	https://www.werockthespectrumwaretown.com/	609-622-8285 info@werockthespectrumwaretown.com
RECREATION (MOVIES)					
	DESCRIPTION		LOCATION	WEBSITE	CONTACT NAME AND INFORMATION
AMC Movie Theatres	Offers family-friendly, sensory-friendly films on the second and fourth Saturdays of each month, and sensory-friendly films for mature audiences on Wednesday evenings. Lights are dimmed, and the sound is lowered. Guests are free to move around and talk.		Various locations. 17 Route 1 New Brunswick, NJ 08901	https://www.amctheatres.com/programs/sensory-friendly-films	AMC New Brunswick 18 732-846-2275 The full list of participating theaters is available on the website.
Regal Cinemas	Called "My Way Matinee," these sensory-friendly showings are the first show of the day on select Saturdays of each month (call your theater for specific dates). Lights remain on and the volume is turned down. Guests are free to move around and talk.		Various locations. 733 Route 72 East Manahawkin, NJ 08050	https://www.regmovies.com/static/en/us/promotions/my-way-matinee#NJ	Regal Manahawkin 844-462-7342 The full list of participating theaters is available on the website.

RECREATION (MUSEUM)	DESCRIPTION	LOCATION	WEBSITE	CONTACT NAME AND INFORMATION
Northlandz	According to its website, Northlandz is the "World's Largest Miniature Wonderland." See the largest miniature railroad, a doll museum, miniature landscapes, and more. An outdoor train ride is also offered. Discounted admission is offered to those with autism. Northlandz also provides inclusion halls for individuals with autism.	495 Route 202, Flemington, NJ 08822	https://northlandz.com	908-782-4022
RECREATION (MUSIC)	DESCRIPTION	LOCATION	WEBSITE	CONTACT NAME AND INFORMATION
New Jersey Symphony	Offers an "Autism Community Program," in which specifically trained musicians provide sensory-friendly concerts.	Multiple locations	https://www.njsymphony.org/visit/visit-information/accessibility	Ann Kim 973-735-1737 akim@njsymphony.org
RECREATION (PARKS, PLAYGROUNDS, FORESTS, HISTORIC SITES)	DESCRIPTION	LOCATION	WEBSITE	CONTACT NAME AND INFORMATION
America the Beautiful: National Parks & Federal Lands	Contains more than 2,000 areas. Offers an Access Pass that provides free access to U.S. Citizens or permanent residents of the U.S. that have been medically determined to have a permanent disability. Many sites also offer a discount on Expanded Amenities Fees – such as camping, swimming, boat launching, and guided tours.	U.S. Geological Survey, 12201 Sunrise Valley Drive, Reston, VA 20192	https://store.usgs.gov/access-pass	U.S. Geological Survey 1-888-275-8747 usgsstore@usgs.gov
New Jersey State Park Service	Contains 43 Parks, Forests, and Recreation Areas; plus 57 Historic Sites. Offers Disability Passes that grant free access to state parks and discounted camping rates.	NJ State Park Service, P.O. Box 420 Trenton, NJ 08625	https://nj.gov/dep/parksandforests/getinvolved/stateparkpass.html	NJ State Park Service 1-800-843-6420
RWJ Barnabas Health Field of Dreams	Contains all-inclusive playgrounds, a baseball field, basketball and bocce courts, a walking complex, community gardens, a quiet corner, specifically-designed restrooms, and more. Must be a member to visit; membership is free (see website).	1511 North Bay Avenue, Toms River, NJ 08753	https://rwbhfieldofdreams.com	https://rwbhfieldofdreams.com/contact
RECREATION (PERFORMING ARTS)	DESCRIPTION	LOCATION	WEBSITE	CONTACT NAME AND INFORMATION
Mayo Performing Arts Center	Offers some sensory-friendly performances that feature lights-up, modified sound, and a quiet room.	100 South Street Morristown, NJ 07960	https://www.mayoarts.org/visitor-info/accessibility	973-539-8008
Paper Mill Playhouse	Has some performances that are "autism-friendly." Features include dimmed lights, lower volume, BYO snacks, drinks, and reinforcements, an onsite support team, a "chill out" zone, and more.	22 Brookside Drive Millburn, NJ 07041	https://papermill.org/access-for-all/autism-friendly-performances/	973-376-4343 accessibility@papermill.org
Roxey Ballet	Offers some adaptive performances that include lower sound and light levels, elimination of startling special effects, shorter performances, freedom to move around, allowed use of electronics for therapeutic uses, volunteers to assist caregivers, quiet areas, fidget toys and earplugs, story boards, visits before or after public hours, meet-a-seat program. Must call or email in advance to schedule these options: info@roxeyballet.org, 609-397-7616	Performances are held at various locations. Administrative Office is located at: Six 7th Street Frenchtown, NJ 08825	https://www.roxeyballet.org/sensory	609-397-7616 info@roxeyballet.org
State Theatre New Jersey	Provides some sensory-friendly performances that include reduced lighting and sound levels, tolerance of movement during the show, trained staff to assist caregivers, and a separate break area with fidget toys. A video social story to prepare individuals for the performance is available on the website.	15 Livingston Avenue New Brunswick, NJ 08901	https://www.stnj.org/education-community/community-family-programs/sensory-friendly-performances-1	732-246-7469 info@stnj.org
Union County Performing Arts Center at Rahway	Sensory-friendly performances include lowered occupancy, an hour-long show, lights turned on, reduced sound, freedom to move around, a sensory break room, fidget toys to borrow during the performance, and professional autism specialists to provide assistance to caregivers. A social story to prepare individuals for the performance can be downloaded from the website.	1601 Irving Street Rahway, NJ 07065	https://ucpac.org/sensory-friendly-theatre/	732-499-8226
William Paterson University's Shea Center for the Performing Arts	Offers 2 - 3 sensory-friendly performances per season.	300 Pompton Road Wayne, NJ 07470	https://www.wpunj.edu/wppresents/visitor-info/accessibility.html	973-720-2371

RECREATION (SKYDIVING, THEME PARKS, TRAMPOLINE PARKS, WATER PARKS)					CONTACT NAME AND INFORMATION
	DESCRIPTION	LOCATION	WEBSITE		
Big Kahuna's (formerly Sahara Sam's) (Water Park)	During Special Needs Events, modifications are made to the park (including reduced occupancy). A Quiet Room is also available.	535 Route 73 West Berlin, NJ 08091	https://bigkahunas.com/tickets-and-passes/special-needs-event/	856-767-7580 info@bigkahunas.com	
IFLY	Has an "All Abilities Night," which offers those with physical or developmental disabilities the opportunity to participate in indoor skydiving.	IFLY Paramus 211 East Route 4 Paramus, NJ 07652	https://www.iflyworld.com/programs/all-abilities/	IFLY Paramus 201-733-4359 The full list of participating locations is available on the website.	
Sesame Place	Designated as a Certified Autism Center, which involves special staff training. Contains an online Sensory Guide, Ride Accessibility Guides, a Quiet Room, Noise-Cancelling Headphones, and an Online Autism Travel Guide.	100 Sesame Road, Langhorne, PA 19047	https://sesameplace.com/philadelphia/help/autism-resources	215-702-3566	
Six Flags Great Adventure	Designated as a Certified Autism Center, which involves special staff training. Accessibility provided through the IBCCES Accessibility Card.	1 Six Flags Boulevard, Jackson, NJ 08527	https://www.sixflags.com/greatadventure/plan-your-visit/accessibility	https://www.sixflags.com/greatadventure/help/contact-us	
Sky Zone	Sensory hours include a quieter, toned-down trampoline experience. Available at participating locations.	1001 New Hampshire Ave, Suite A, Lakewood NJ 08701	https://www.skyzone.com/programs/sensory-hours	Lakewood Location 609-398-4759 https://www.skyzone.com/lakewood The full list of participating locations is available on the website.	
RECREATION (SPORTS)					CONTACT NAME AND INFORMATION
	DESCRIPTION	LOCATION	WEBSITE		
Challenger Leagues	Provides opportunities for those with developmental disabilities to participate in sports year-round. Individuals are paired with neurotypical buddies, who guide them and encourage them as they play.	Offered in counties throughout NJ	https://www.njtttleague.org/Default.aspx?tabid=2737209	Alan Goldstein, State Challenger Coordinator agpsych@aol.com	
The Prudential Center (home of the New Jersey Devils. Venue also features concerts, comedy acts, and family-friendly shows)	Partnered with Kulture City to offer a sensory-friendly and inclusive environment. Sensory Bags may be obtained at Guest Services Centers at all events.	25 Lafayette Street Newark, NJ 07102	https://www.prucenter.com/ada-guide	973-757-6000	
Red Bull Arena (home of the New York Red Bulls - A Professional Soccer Team)	The Red Bull Arena has a Sensory Room, which features dim lights, light-colored walls, visual aids, and fidget toys. Guests can request access to the room from a Fan Services Representative.	600 Cape May Street Harrison, NJ 07029	https://www.newyorkredbulls.com/redbullarena/ada	1-877-727-6223 fanservices@newyorkredbulls.com	
RECREATION (TRAIN EXCURSIONS)					CONTACT NAME AND INFORMATION
	DESCRIPTION	LOCATION	WEBSITE		
New Hope Railroad	Offers a 10% discount for individuals with disabilities for rides in coach on the traditional excursion. If booking your excursion online, call the Customer Care Call Center at 215-862-2332 to ensure that your discount is applied.	32 West Bridge Street New Hope, PA 18938	https://www.newhoperailroad.com/	Customer Care Call Center 215-862-2332 Chat Support is also available through website.	
RESTAURANTS					CONTACT NAME AND INFORMATION
	DESCRIPTION	LOCATION	WEBSITE		
Ocean Organics Juice Bar & Café	Certified Sensory Inclusive by KultureCity. Staff are trained to recognize sensory overloads, and they have "sensory bags" containing tools such as stress balls.	570 Fischer Boulevard, Toms River, NJ 08753	https://www.oceanorganicscafe.com/	732-597-0800	
Riv's Toms River Hub (Chase's Friend Zone)	"Chase's Friend Zone" is a sensory-friendly dining area with trained staff. Tables must be reserved 24 hours in advance.	1850 Hooper Avenue, Toms River, NJ 08753	https://www.rivstrhub.com/chase-s-friend-zone	732-255-6183	