

"Where to Go and What to Do" List - December 2025			
<u>Category</u>		<u>Name of Company/ Organization</u>	
Education/Recreation <i>(Planetariums)</i>		Raritan Valley Community College Planetarium	
Recreation <i>(Accessibility Card)</i>		The International Board of Credentialing and Continuing Education Standards	
Recreation <i>(Aquariums)</i>		Adventure Aquarium	
Recreation <i>(Arcade/Restaurant)</i>		Chuck E. Cheese	

Recreation <i>(Creative Play)</i>		Build-A-Bear Workshop	
		Legoland Discovery Center	
		LifeTown	
		Sloomoo Institute	
Recreation <i>(Gym)</i>		We Rock the Spectrum Kid's Gym	
Recreation <i>(Movies)</i>		AMC Theatres	

		Regal Cinemas	
Recreation <i>(Museums)</i>		New Jersey Hall of Fame	
		New York Transit Museum	
		Northlandz	
		Please Touch Museum	
		Zimmerli Art Museum at Rutgers University	

Recreation <i>(Music)</i>		Music for Autism	
		New Jersey Symphony	
Recreation <i>(Parks, Playgrounds, Forests, Historic Sites)</i>		Accessible Playground	
		America the Beautiful: National Parks & Federal Lands	
		Challenger Place at Dorbrook Recreation Area	
		Laurelwood Arboretum	
		New Jersey State Park Service	

		RWJBarnabas Health Field of Dreams	
		Watchung Reservation Sensory Friendly Trail (located at the Trailside Nature & Science Center)	
Recreation (Performing Arts)		Mayo Performing Arts Center	
		McCarter Theatre Center	
		Paper Mill Playhouse	
		Roxey Ballet	

		State Theatre New Jersey	
		Theatre Access NYC	
		Two Rivers Theater	
		Union County Performing Arts Center at Rahway	
		William Paterson University's Shea Center for the Performing Arts	
Recreation <i>(Skydiving, Theme Parks, Trampoline Parks, Water Parks)</i>		Great Wolf Lodge	

		iFLY	
		Knoebels Amusement Park	
		Sahara Sam's Oasis Water Park	
		Sesame Place	
		Six Flags Great Adventure	
		Sky Zone	

		Storybook Land	
Recreation <i>(Sports)</i>		Challenger Leagues	
		MetLife Stadium	
		Mountain Creek	
		The Prudential Center (Home of the New Jersey Devils. Venue also features concerts, comedy acts, and family-friendly shows.)	
		Sports Illustrated Stadium (Home of the New York Red Bulls, A Professional Soccer Team)	

Recreation <i>(Swimming)</i>		Ocean County YMCA	
Recreation <i>(Zoos)</i>		The Bronx Zoo	
		Dr. Suss Stables	
		Philadelphia Zoo	
		Turtle Back Zoo	
Restaurants		Riv's Toms River Hub (Chase's Friend Zone)	

<u>URL</u>	
https://www.raritanval.edu/planetarium/public-shows	
https://www.accessibilitycard.org	
https://www.adventureaquarium.com/plan/accessibility	
https://www.chuckecheese.com/brick-nj/sensory-sensitive-sundays	

https://www.buildabear.com/sensory-friendly-events.html	
https://www.legolanddiscoverycenter.com/new-jersey/plan-your-day/before-you-visit/accessibility-guide	
https://www.lifetown.com	
https://www.sloomoo.com/locations/new-york	
https://werockthespectrumwaretown.com	
https://www.amctheatres.com/programs/sensory-friendly-films	

https://www.regmovies.com/promotions/my-way-matineee#NJ	
https://njhalloffame.org/event/sensory-sensitive-hours	
https://www.nytransitmuseum.org/learn/accessprograms	
https://northlandz.com	
https://www.pleasetouchmuseum.org/accessibility	
https://zimmerli.rutgers.edu/visit/accessibility	

https://www.musicforautism.org	
https://www.njsymphony.org/visit/visit-information/accessibility	
https://www.accessibleplayground.net	
https://store.usgs.gov/access-pass	
https://www.monmouthcountyparks.com/page.aspx?Id=2519	
https://laurelwoodarboretum.org/gardens/the-sensory-garden-2/	
https://nj.gov/dep/parksandforests/getinvolved/stateparkpass.html	

https://rwjbhfieldofdreams.com	
https://ucnj.org/trailside-nature-and-science-center/trails	
https://www.mayoarts.org/visitor-info/accessibility	
https://www.mccarter.org/accessibility	
https://papermill.org/access-for-all/autism-friendly-performances	
https://www.roxeyballet.org/about-us	

https://www.stnj.org/education-community/community-family-programs/sensory-friendly-performances-1	
https://www.theatreaccess.nyc/about	
https://tworivertheater.org/accessibility	
https://ucpac.org/sensory-friendly-theatre	
https://www.wpunj.edu/wppresents/visitor-info/accessibility.html	
https://www.greatwolf.com/poconos/accessibility	

https://www.iflyworld.com/programs/all-abilities	
https://knoebels.com/info/accessibility	
https://sahasams.com/guests-with-disabilities	
https://sesameplace.com/philadelphia/help/accessibility-guide	
https://www.sixflags.com/greatadventure/plan-your-visit/accessibility	
https://www.skyzone.com/programs/sensory-hours	

https://storybookland.com/accessibility	
https://www.njlittleleague.org/Default.aspx?tabid=2737209	
https://www.metlifestadium.com/plan-your-visit/accessibility	
https://aspmc.org	
https://www.prucenter.com/ada-guide	
https://www.newyorkredbulls.com/sportsillustratedstadium/ada	

https://ocymca.org/programs/aquatics/autism-spectrum-programs	
https://bronxzoo.com/plan-your-visit/accessibility	
https://www.drsusstables.com	
https://www.philadelphiazoo.org/accessibility	
https://www.turtlebackzoo.com/accessibility	
https://www.rivstrhub.com/chase-s-friend-zone	

<u>Description</u>	
Offers sensory-friendly astronomy and music shows that are appropriate for all ages. Lights remain on, sound is lowered, and doors remain open so that families may come and go.	
Offers an Accessibility Card that enables those with disabilities to obtain accommodations at certain attractions. Once registered, you can download an app through Apple's App Store or through Google Play. The Accessibility Card displayed in the app assists those with disabilities in requesting accommodations at certain attractions.	
Has partnered with KultureCity, which enables their staff to receive training in working with those who have sensory processing disorder. They offer sensory bags, noise-cancelling headphones, and weighted lap pads for use in the facility. Headphone zones are labeled, and there is a quiet space for those who are experiencing sensory overload. KultureCity's All-Inclusive App provides a social story to prepare individuals for their visit.	
On the first Sunday of each month, the venue opens two hours early to offer a quieter dining and entertainment experience. It features dimmed lighting, sensory-friendly games, and a trained staff.	

<p>The first open hour of every Tuesday is reserved for sensory-friendly workshops. Lights are dimmed and little to no music is played. An online information guide allows caregivers to plan their visits in advance.</p>	
<p>Contains various attractions for Lego lovers. Provides free tickets for caregivers (must be arranged in advance). Offers birthday party rooms as quiet spaces (when not in use).</p>	
<p>This facility encompasses numerous features: an aquatics center, a "shopping center" in which visitors can practice their skills, a playground, a sand room, musical stairs, an art center, a sensory wall, a cooking studio, Open to families on select Sundays and weekdays. <i>Must register in advance.</i></p>	
<p>Sensory-Friendly Hours feature reduced lighting and sound, limited capacity, and noise-canceling headphones and nose plugs.</p>	
<p>Designed for children with sensory processing disorders (but open to all kids!), this gym includes suspended equipment with swings, crash pads, a trampoline, a zip line, a play structure, sensory-based toys, and a crafts area.</p>	
<p>Offers family-friendly, sensory-friendly films on the second and fourth Saturdays of each month, and sensory-friendly films for mature audiences on Wednesday evenings. Lights are on, and the sound is lowered. Guests are free to move around and talk.</p>	

<p>Called "My Way Matinee," these sensory-friendly showings are the first show of the day on select Saturdays of each month (call your theater for specific dates). Lights remain on and the volume is turned down. Guests are free to move around and talk.</p>	
<p>Hosts Sensory-Friendly Fridays on the first Friday of each month from 12 to 3. There is reduced lighting and sound effects, and decreased crowds.</p>	
<p>Has numerous programs for developmentally disabled individuals of all ages</p>	
<p>According to its website, Northlandz is the "World's Largest Miniature Wonderland." See the largest miniature railroad, a doll museum, miniature landscapes, and more. An outdoor train ride is also offered. Discounted admission is offered to those with autism. Northlandz also provides inclusion halls for individuals with autism.</p>	
<p>During its "Play Without Boundaries" events, the museum is closed to the general public for two hours. Lighting and sound are lowered, quiet zones are available, and programming with educators trained in autism sensitivity is offered.</p>	
<p>Certified by KultureCity to assist individuals with sensory needs. Offers sensory bags, a weighted lap pad, and an online social story to prepare for the visit.</p>	

Offers free concerts for individuals with ASD and their families. Performances are held at various venues or virtually.	
Offers "Relaxed Performances," in which audience members can bring sensory toys and leave the concert hall as needed. There is also a sensory guide and a relaxation room.	
Contains links to accessible and inclusive playgrounds throughout the United States – and the world!	
Contains more than 2,000 areas. Offers an Access Pass that provides free access to U.S. Citizens or permanent residents of the U.S. that have been medically determined to have a permanent disability. Many sites also offer a discount on Expanded Amenity Fees – such as camping, swimming, boat launching, and guided tours.	
A universally accessible playground, this area includes three play structures and a sensory area including light water mists, a spinning globe, and musical instruments.	
Has a special Sensory Garden, which contains a variety of colors, scents, sounds, and textures. A wide path runs through the garden, and flower beds are raised.	
Contains 43 Parks, Forests, and Recreation Areas; plus 57 Historic Sites. Offers Disability Passes that grant free access to state parks and discounted camping rates. <i>Disability Passes may only be obtained from the Trenton office location.</i>	

Contains all-inclusive playgrounds, a baseball field, basketball and bocce courts, a walking complex, community gardens, a quiet corner, specifically-designed restrooms, and more. Also hosts special needs sports teams. <i>Must be a member to visit; membership is free (see website).</i>	
Free of charge, the trail is a .3 mile loop with a central gazebo. Features include talking kiosks, raised sensory garden beds, and musical instruments.	
Offers some sensory-friendly performances that feature lights-up, modified sound, and a quiet room. Noise-cancelling headphones and fidget toys are also available.	
Offers "Relaxed Performances" in which the lights are kept partially on, back doors to the theater are open, and audience members are able to walk around and talk. Other features include a "calm down space," a "quiet space," fidget toys and noise-cancelling headphones.	
Has some performances that are "autism-friendly." Features include dimmed lights, lower volume, BYO snacks, drinks, and reinforcements, an onsite support team, a "chill out" zone, and more.	
Some performances are sensory-friendly. Also offers storyboards, visits prior to the performance, and "meet-a-seat."	

Provides some sensory-friendly performances that include reduced lighting and sound levels, tolerance of movement during the show, trained staff to assist caregivers, and a separate break area with fidget toys. A video social story to prepare individuals for the performance is available on the website.	
Allows the user to find Broadway shows that are accessible for everyone, including autistic individuals.	
Has some sensory inclusive performances, which contain modifications to technical aspects of the shows.	
Sensory-friendly performances include lowered occupancy, an hour-long show, lights turned on, reduced sound, freedom to move around, a sensory break room, fidget toys to borrow during the performance, and professional autism specialists to provide assistance to caregivers. A social story to prepare individuals for the performance can be downloaded from the website.	
Offers 2 - 3 sensory-friendly performances per season.	
Partnered with IBCCES to ensure that staff are training in working with autistic individuals. Also offers an online sensory guide to attractions.	

<p>Has an "All Abilities Night," which offers those with physical or developmental disabilities the opportunity to participate in indoor skydiving.</p>	
<p>Enables visitors who have an IBCCES Accessibility Card to enter rides through the exit gate. The park also has a low-sensory room.</p>	
<p>The website features Sensory Guides to the activities at the facility.</p>	
<p>Designated as a Certified Autism Center, which involves special staff training. Contains an online Sensory Guide, Ride Accessibility Guides, a Quiet Room, Noise-Cancelling Headphones, and an Online Autism Travel Guide.</p>	
<p>Designated as a Certified Autism Center, which involves special staff training. Accessibility provided through the IBCCES Accessibility Card. The park's "Safety & Accessibility Guide" is available for download.</p>	
<p>Sensory hours include a quieter, toned-down trampoline experience. <i>Available at participating locations.</i></p>	

<p>This theme park for children offers Assisted Access Passes to visitors who have a hard time waiting on line for rides. There are also designated quiet zones.</p>	
<p>Provides opportunities for those with developmental disabilities to participate in sports year-round. Individuals are paired with neurotypical buddies, who guide them and encourage them as they play.</p>	
<p>Has partnered with KultureCity to train and certify staff to assist those with I/DD. Sensory bags containing noise-cancelling headphones, fidget toys, and weighted lap pads may be checked out at any Guest Service Booth or Concierge Desk.</p>	
<p>Offers an Adaptive Sports Program in which individuals with disabilities can learn to ski, snowboard, and do other outdoor sports.</p>	
<p>Partnered with KultureCity to offer a sensory-friendly and inclusive environment. Sensory Bags may be obtained at Guest Services Centers at all events.</p>	
<p>The stadium has a Sensory Room, which features dim lights, light-colored walls, visual aids, and fidget toys. Guests can request access to the room from a Fan Services Representative.</p>	

Offers autism-friendly swimming from 12:30 - 2 on select Sundays. Also has adaptive swimming lessons. Must be a member of the YMCA.	
Has partnered with KultureCity to improve the Zoo's ability to assist guests with sensory sensitivities. There are signs designating quiet zones and headphone zones. Sensory bags containing noise-cancelling headphones and fidget toys may be checked out.	
A sensory-friendly farm experience that offers a petting zoo on Sundays.	
Certified Sensory-Friendly by KultureCity. Quiet zones and headphone zones are designated, and sensory bags are available to borrow throughout your visit.	
Certified Sensory-Friendly by KultureCity. Offers sensory bags, has trained staff, and lists quiet areas and headphone areas on its website.	
"Chase's Friend Zone" is a sensory-friendly dining area with trained staff. Tables must be reserved 24 hours in advance.	

<u>Address</u>		<u>Contact Information</u>
Raritan Valley Community College East Building, 118 Lamington Road, Branchburg, NJ 08876		908-231-8805 planet@raritanval.edu
4651 Salisbury Road, Suite 340 Jacksonville, FL 32256		1-877-717-6543 customersupport@ibccaccess.org
1 Riverside Drive Camden, NJ 08103		844-474-3474 https://www.adventureaquarium.com/Contact-Us
Brick Plaza, 56 Chambers Bridge Road Brick, NJ 08723		732-262-9200 https://www.chuckecheese.com/brick-nj/contact-us

Multiple locations		1-877-789-2327 https://www.buildabear.com/contact-us.html
American Dream Mall 1 American Dream Way East Rutherford, NJ 07073		551-234-6381 NewJersey@LEGOLANDDiscoveryCenter.com
10 Microlab Road Livingston, NJ 07039		973-251-0200 info@fcnj.com
475 Broadway New York, NY 10013		sloomoo@sloomooinstitute.com
299 Route 9 #4 Waretown, NJ 08758 <i>(We Rock the Spectrum has multiple locations)</i>		609-622-8285 info@werockthespectrumwaretown.com
AMC Freehold 14 101 Trotters Way Freehold, NJ 07728 <i>(AMC has multiple locations. The full list of participating theaters is available on the website).</i>		732-294-7761 https://www.amctheatres.com/contact

<p>Regal Manahawkin 733 Route 72 East Manahawkin, NJ 08050 <i>(Regal has multiple locations. The full list of participating theaters is available on the website.)</i></p>		<p>844-462-7342 customersupport@regalcinemas.com</p>
<p>American Dream Mall 1 American Dream Way Court G, Level 3 East Rutherford, NJ 07073</p>		<p>info@njhalloffame.org</p>
<p>99 Schermerhorn Street Downtown Brooklyn, NY 11201</p>		<p>718-694-1600 https://www.nytransitmuseum.org/about/contact</p>
<p>495 Route 202 Flemington, NJ 08822</p>		<p>908-782-4022 info@northlandz.com</p>
<p>Memorial Hall 4231 Avenue of the Republic Philadelphia, PA 19131</p>		<p>215-581-3181 info@pleasetouchmuseum.org</p>
<p>71 Hamilton Street New Brunswick, NJ 08901</p>		<p>848-932-7237 info@zimmerli.rutgers.edu</p>

955 Clayton Street, #1, San Francisco, CA 94117		https://www.musicforautism.org/contact-us
Multiple locations		973-624-3713 ada@njsymphony.org
1463 Greystone Drive Pittsburgh, PA 15206		412-334-2652 info@accessibleplayground.net
U.S. Geological Survey 12201 Sunrise Valley Drive Reston, VA 20192		1-888-275-8747 usgsstore@usgs.gov
Dorbrook Recreation Area, 353 Route 37 Colts Neck, NJ 07722		Visitor Center 732-542-1642, Activity Center 732-460-1167
725 Pines Lake Drive West Wayne, NJ 07470		973-831-5675 info@laurelwoodarboretum.org
NJ State Park Service PO Box 420 Trenton, NJ 08625		1-800-843-6420

1505 North Bay Avenue Toms River, NJ 08753		https://rwjbhfieldofdreams.com/contact
452 New Providence Road Mountainside, NJ 07092		Patricia Bertsch, Director 908-789-3670 trailside@ucnj.org
100 South Street Morristown, NJ 07960		973-539-8008 boxoffice@mayoarts.org
91 University Place Princeton, NJ 08540		Box Office: 609-258-6500 patronservices@mccarter.org
22 Brookside Drive Millburn, NJ 07041		973-376-4343 accessibility@papermill.org
Based in Frenchtown 6th, 7th Streets Frenchtown, NJ 08825		609-397-7616 info@roxeyballet.org

15 Livingston Avenue New Brunswick, NJ 08901		732-246-7469 info@stnj.org
Corporate Address 729 7th Avenue, 6th Floor New York, NY 10019		212-912-9770 https://www.theatreaccess.nyc/contact
21 Bridge Avenue Red Bank, NJ 07701		732-345-1400 info@trtc.org
1601 Irving Street Rahway, NJ 07065		732-499-8226
300 Pompton Road Wayne, NJ 07470		973-720-2371 boxoffice@wpunj.edu
1 Great Wolf Drive Scotrun, PA 18355		800-768-9653

<p>iFLY Edison 997 Route 1 Edison, NJ 08817 <i>(iFLY has multiple locations. Use email form on website to learn which locations offer an "All Abilities Night.")</i></p>		<p>732-362-4359 https://www.iflyworld.com/programs/all-abilities (site includes email form)</p>
<p>391 Knoebels Boulevard Route 487 Elysburg, PA 17824</p>		<p>800-487-4386 https://knoebels.com/contact</p>
<p>535 Route 73 West Berlin, NJ 08091</p>		<p>856-767-7580 https://sahasams.com/contact-us</p>
<p>100 Sesame Road Langhorne, PA 19047</p>		<p>215-702-3566 spl-accessibilityservice@sesameplace.com</p>
<p>1 Six Flags Boulevard Jackson, NJ 08527</p>		<p>732-928-2000 https://www.sixflags.com/greatadventure/help/contact-us</p>
<p>Lakewood Location 1001 New Hampshire Avenue, Suite A Lakewood, NJ 08701 <i>(Sky Zone has multiple locations. The full list of participating locations is available on its website.)</i></p>		<p>609-398-4759</p>

6415 E Black Horse Pike Egg Harbor Township, NJ 08234		609-646-0103 https://storybookland.com/contact
Available in many New Jersey counties. Use the " <i>League Finder</i> " on the website to locate specific locations.		Alan Goldstein, State Challenger Coordinator agpsych@aol.com
One MetLife Stadium Drive East Rutherford, NJ 07073		Guest Services Department 201-559-1515
200 Route 94 Vernon, NJ 07462		973-827-2000 lessons@mountaincreek.com; info@mountaincreek.com
25 Lafayette Street Newark, NJ 07102		973-757-6000
600 Cape May Street Harrison, NJ 07029		1-877-727-6223 fanservices@newyorkredbulls.com

1088 W Whitty Road Toms River, NJ 08755		Jaclyn Wyzykowski, Aquatics Director 732-341-9622 jwyzykowski@ocymca.org
2300 Southern Boulevard Bronx, NY 10460		718-220-5100 guestrelations@wcs.org
240 Grawtown Road Jackson, NJ 08527		732-823-9655 drsussstables@gmail.com
3400 W. Girard Avenue Philadelphia, PA 19104		215-243-1100 https://www.philadelphiazoo.org/contact-us
560 Northfield Avenue West Orange, NJ 07052		973-731-5800 info@turtlebackzoo.com
1850 Hooper Avenue Toms River, NJ 08753		732-255-6183

